

**Institute of English Studies
Faculty of Arts and Humanities
University of the Punjab, Lahore
Course Outline**



Programme	BS English Literature	Course Code	ELL-310	Credit Hours	3
Course Title	Foundations and Practices of Education				
Course Introduction					
This comprehensive course serves as a foundational pillar for understanding the multi-faceted nature of education, pedagogical frameworks, and professional teacher development. Designed to bridge theoretical paradigms with classroom realities; the course introduces students to the philosophical, psychological, socio-cultural, historical, political, economic, and legal underpinnings of education. Additionally, it equips prospective educators with practical competencies in classroom management, contemporary teaching methodologies, inclusive education strategies, educational assessment, and curriculum design.					
Learning Outcomes					
By the end of this course, students will be able to:					
1. Articulate and evaluate the core philosophical, psychological, and sociological foundations that drive educational systems globally and nationally. 2. Analyze the historical evolution, constitutional provisions, governance structures, and policy developments within the Pakistani educational landscape. 3. Design and execute effective classroom management systems, collaborative seating structures, and lesson plans tailored to diverse student needs. 4. Implement contemporary, learner-centered teaching strategies (e.g., Cooperative Learning, Inquiry- Based Learning, and Flipped Classrooms) alongside rigorous educational assessments.					
Course Content			Assignments/Readings		
Week 1	Unit 1 Introduction to Education 1.1 Meaning and definitions of education 1.2 Nature and scope of education		Education in the 21 st Century Essay: Write a 500-700 words essay on the topic: What is the true purpose of education in the 21st century? Support your arguments with examples from your personal educational experiences and relevant educational theories.		
	1.3 Types of education: Formal, Non-formal, and informal 1.4 Aims and functions of education 1.5 Education as a lifelong learning				
Week 2	Unit 2 Philosophical and Ideological Foundations of Education 2.1 Meaning and nature of philosophy 2.2 Branches of philosophy: Metaphysics, Epistemology, and Axiology				

	2.3 Schools of philosophy: Idealism, realism, pragmatism, existentialism	
Week 3	2.4 Educational philosophies: Perennialism, Essentialism, Progressivism, and Reconstructionism	Comparative Matrix of Educational Philosophies: Construct a matrix table comparing any three selected educational philosophies in terms of their educational structure, the role of the teacher, and the expected student outcomes.
	2.5 Ideology of Pakistan and Islamic Education 2.6 Educational Implications of Philosophy and Ideology	
Week 4	Unit 3 Psychological Foundations of Education 3.1 Meaning and Importance of Educational Psychology 3.2 Growth and Development of Learners	Child Development and Educational Theories: Observe a child or adolescent (with parental permission) and identify examples of physical, cognitive, social, emotional and moral development. Relate your observations to Piaget's, Erikson's, and Vygotsky's theories, and identify their implications for teaching.
	3.3 Learning Theories and their Educational Implications 3.4 Motivation, Individual Differences, and Learning	
Week 5	Unit 4 Sociological and Cultural Foundations of Education 4.1 Education and Society 4.2 Education, Culture and Socialization	Education, Culture, and Society: Write a 400–500-word essay explaining how family, school, and community influence students' learning, socialization, and cultural values. Support your answer with examples from Pakistani society.
	4.3 Social Change and Social Mobility through Education 4.4 Role of Family, School and Community in Education	
Week 6	Unit 5 Historical Foundation of Education 5.1 Education in the Subcontinent before 1947 5.2 Education in Pakistan after 1947	Educational Policies in Pakistan: A Comparative Analysis Write a note on comparison of different educational policies. Critically analyze the gap between policies and their implications in education sector.

	5.3 Major Education Policies and Reforms in Pakistan 5.4 Educational Developments and Challenges in Pakistan	
Week 7	Unit 6 Political Foundation of Education 6.1 Education and Politics 6.2 Role of Government in Education 6.3 Education and Democracy	Politics and Education in Pakistan: Write a 400–500-word essay explaining how government policies and political ideologies influence educational access, equality, and democracy in Pakistan. Support your answer with relevant examples.
	6.4 Political Influence on Access and Equality 6.5 Political Ideologies and Education	
Week 8	Unit 7 Economic Foundation of Education 7.1 Relationship between Education and the Economy 7.2 Education and Economic Development 7.3 Education as an Investment in Human Capital	Home Assignment: Education and Economic Development Write 400-500 words on how education promotes employment, reduces poverty, and supports Pakistan's economic development.
	7.4 Educational Costs and Financing 7.5 Education, Employment and Poverty Reduction	
Week 9	Unit 8 Legal Foundation of Education 8.1 Meaning and Importance of Educational Law 8.2 Right to Education in Pakistan 8.3 Constitutional Provisions for Education	Legal Rights and Responsibilities: Write a note on the right to education, constitutional provisions, school responsibilities, and child protection in Pakistan.
	8.4 Rights and Responsibilities of Teachers and Students 8.5 Educational Laws and Child Protection	
Week 10	Mid Term Examinations	
Week 11	Unit 9 Curriculum Development and Design 9.1 Meaning, Types and Components of Curriculum 9.2 Principles and Foundations of Curriculum Development	Curriculum Design and Evaluation: Select a subject or course and briefly analyze its curriculum in terms of its objectives, content, teaching methods, and assessment.

		Suggest two improvements to make it more effective for students.
	9.3 Curriculum Development Process and Models 9.4 Curriculum Implementation and Evaluation	
Week 12	Unit 10 Teaching Methods and Strategies 10.1 Teaching and Learning 10.2 Teaching Approaches 10.3 Teaching Methods	Comparing Contemporary Teaching Methods: Select any two contemporary teaching methods and prepare a written assignment explaining their principles, advantages, classroom applications, and limitations.
	10.4 Lesson Planning 10.5 Teaching Aids and Technology	
Week 13	Unit 11 Classroom Management 11.1 Principles of Classroom Management 11.2 Discipline and Student Behavior 11.3 Classroom Environment 11.4 Inclusion and Student Engagement	Classroom Seating and Learning Environment: Draw a classroom seating arrangement suitable for collaborative learning. Explain how the physical environment promotes student engagement and classroom interaction.
Week 14	Unit 12 Guidance and Counselling 12.1 Meaning and Importance of Guidance and Counselling 12.2 Types of Guidance and Counselling 12.3 Guidance and Counselling Techniques 12.4 Role of Teachers in Student Guidance	Guidance for Student Development: Write a 500 words essay explaining the importance of guidance and counselling in promoting students' academic, personal, social, and career development.
Week 15	Unit 13 Measurement, Assessment and Evaluation 13.1 Meaning and Difference among Measurement, Assessment and Evaluation 13.2 Types of Assessment: Formative and Summative 13.3 Assessment Tools and Techniques	Test Development and Table of Specification: Prepare a 30 marks question paper for a school subject that includes multiple choice questions, short-questions, and essay questions. Develop a table of specification to show content and cognitive level distribution.
	13.4 Principles of Effective Assessment 13.5 Educational Objectives and Bloom's Taxonomy	
Week 16	End Term Examinations	

Textbooks and Reading Material	
1. Core Textbooks - Ornstein, A. C., Levine, D. U., Gutek, G., & Vocke, D. E. (2016). Foundations of education (13th ed.). Cengage Learning. - Slavin, R. E., Madden, N. A., & Ross, S. M. (2025). Educational psychology: Theory and practice (14th ed.). Pearson. - Woolfolk, A., & Usher, E. L. (2024). Educational psychology: Active learning edition (15th ed.). Pearson. - Marsh, C. J., & Willis, G. (2007). Curriculum: Alternative approaches, ongoing issues (4th ed.). Pearson/Merrill Prentice Hall. - Brown, H. D., & Abeywickrama, P. (2019). Language assessment: Principles and classroom practices (3rd ed.). Pearson Education. 2. Suggested readings (Books) - Arends, R. I. (2012). Learning to teach (9th ed.). McGraw-Hill Education. - Borich, G. D., & Blanchette, A. D. (2022). Effective teaching methods: Research-based practice (10th ed.). Pearson Education. - Ebert, E. S., II, Ebert, C., & Bentley, M. L. (2011). The educator's field guide: From organization to assessment (and everything in between). Corwin. - Ryan, K., Cooper, J. M., Tauer, S., & Callahan, C. (2024). Teaching for student learning: Becoming a master teacher (4th ed.). Cengage Learning. - Tomlinson, C. A., & Moon, T. R. (2013). Assessment and student success in a differentiated classroom. ASCD. 3. Journal Articles/Institutional Reports - Organization for Economic Co-operation and Development. (2023). Education at a glance 2023: OECD Publishing. - UNESCO. (2023). Global education monitoring report 2023: Technology in education__A tool on whose terms? UNESCO. - Higher Education Commission Pakistan. (2023). National curriculum review and quality assurance guidelines. HEC. 4. Recommended online Resources - UNESCO. https://www.unesco.org/en/education - UNESCO International Bureau of Education. https://www.ibe.unesco.org/en/publications - UNESCO Open Learning. https://openlearning.unesco.org/ - UNESCO Open Educational Resources. https://www.unesco.org/en/open-educational-resources - Higher Education Commission, Pakistan. https://www.hec.gov.pk/	
Teaching Learning Strategies	
- Lectures, seminars, and tutorials. - Close readings and group tasks. - Discussion, Debate, and audio-visual presentations. - Community-Based and Performance-based Learning.	
Assignments: Types and Number with Calendar	
Two assignments, one before midterm and one after midterm, to be submitted.	